

Michael R. Kandle, Psy.D.

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Licensed Psychologist

Professional Profile Offering 30 years of clinical experience as a psychologist providing integrated, collaborative patient care that is results oriented and pragmatic. Reputation for building strong working relationships with area primary care physicians, family health professionals, educators, psychiatrists, and other allied mental health professionals for comprehensive, cost-effective coordination of services to meet patients' needs.

Expertise Clinical strengths encompass providing therapy for people suffering from depression, anxiety, grief, trauma, sexual abuse, stress, anger and issues. In working with children, teenagers and their parents, specialize in behavioral assessment and management as well as parenting skills. Draw from a wide range of treatment orientations to tailor interventions effectively to each individual's special needs. Strongly emphasize communication and coordination of care with allied providers.

Education / Credentials

Licensed Psychologist (#653), since 1992 Board of Mental Health Practice, State of New Hampshire

Doctor of Psychology, 1991 PACE UNIVERSITY, New York, NY

- **Concentration:** Clinical/Community Psychology
- **Dissertation:** Program Evaluation of a New Brief Treatment Unit: An Examination of Treatment Variables, Patient Variables and Their Interactions," 1991

Master of Science in Education, 1989 PACE UNIVERSITY, New York, NY

- **Major:** School Psychology

Bachelor of Arts, 1985 MCGILL UNIVERSITY, Montreal, Quebec, Canada

- **Major:** Psychology; **Minor:** Comparative Religions
 - **Awards:** "Great Distinction" (top 5% of faculty) - James McGill Award for Academic Excellence
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Professional History & Accomplishments

Private Practice

MICHAEL R. KANDLE, PSY.D., Durham, NH

1993 to Present

Established a private practice specializing in individual, couples and family therapy, providing services to adults, children, and adolescents. Initially opened the practice in the Dover community (from 1993 to 2000) and currently practice in Durham (since in 2000).

- Developed and manage long-standing collaborative relationships with area Family and Pediatric Care Practices, Mental Health Practices, and Psychiatric Practices, as well as provide consultative services to Manchester, Dover and Durham school districts on a case-by-case basis.
- Work closely with area physicians, therapists and school special education teams enhancing ability to help patients access all appropriate resources.

- Actively coordinate interventions and consult with physicians/psychiatrists to determine if and when medication evaluations may be required as part of patients' care.
 - Routinely monitor patients' responses to medication and communicate with physicians on the efficacy, adequacy and side effect profiles, as well as provide comprehensive documentation of treatment updates in the coordination of services.
 - Assist in evaluating the direction of causation between medical and mental health symptoms to guide treatment decisions.
- Reached out to mental health providers in Durham, both in private sector and affiliated with the University of New Hampshire, to build an alliance that augments collaboration. Created a website (durhamsmindmatters.com) that provides valuable information on all mental health services available in the town and university to assist them.
 - Founded and chaired the New Hampshire Mental Health Coalition (1997 to 2002). Brought together the professional associations of psychologists, psychiatrists, social workers, mental health counselors, pastoral counselors, marriage and family counselors, the New Hampshire Medical Society, the Community Mental Health Centers, the Hospital Association, the Nurses Association, the National Alliance for the Mentally Ill, and community advocacy groups such as New Futures and New Hampshire Citizens Alliance.
 - Served as spokesman with media and as an advocate on mental health issues, effectively increasing public awareness throughout the state.
 - Collaborated with the New Hampshire Board of Mental Health Practitioners to develop better models for regulating mental health practice in the state and for effectively managing issues between providers and consumers.

Earlier Experience

THE FAMILY THERAPY INSTITUTE OF SOUTHERN NEW HAMPSHIRE, Bedford/Dover, NH 1989 to 1993
Staff Therapist & Director of The Bedford Practice

Gained advanced training and experience in Family Systems theories, including strategic, systemic and structural models of family therapy. Worked with adults, adolescents and children in individual, couples and family therapy modalities.

Concurrently served as Director of the Bedford Practice with management oversight of the operations of an 8-clinician office. Organized and participated in professional training program and promoted positive relationships with area mental health professionals and school systems.

NEW YORK HOSPITAL – CORNELL MEDICAL CENTER, White Plains, NY 1985 to 1988
Mental Health Professional - Westchester Division (Psychiatric)

In a multi-disciplinary treatment approach and team environment, assumed responsibility for the behavioral management and supervision of a 25-bed inpatient unit for people with major mental illness at this prestigious training hospital. While completing graduate studies in psychology, acquired well-rounded experience in the effective combination of multiple therapeutic orientations with medical interventions to provide optimal treatment of a wide range of mental illnesses. Focused on the integration of behavior modification, psychotherapy, psychotropic medication and family interventions.

Internships

DUTCHESS COUNTY DEPARTMENT OF MENTAL HYGIENE, Poughkeepsie, NH 1988 to 1989
Clinical Internship (APA-approved)

NORTHERN WESTCHESTER COUNSELING CENTER, Mt. Kisco, NY 1997-1988
Clinical Internship

BEDFORD CENTRAL SCHOOL DISTRICT, Bedford, NY 1985 to 1987
School Psychology Internship

Created teams among families, educational experts and mental health professionals to foster the most effective interventions for emotional, educational and behavioral developments.

Professional Memberships & Leadership Roles

New Hampshire Psychological Association (NHPA):

- NHPA Chair of Legislative Sub-Committee on Managed Care
- NHPA Managed Care Liaison
- NHPA Delegate to State Leadership Conference in Washington, DC
- NHPA Liaison to the New Hampshire Board of Mental Health Practice
- NHPA Chair of Professional Affairs Committee
- NHPA Board Member
- New Hampshire Board of Mental Health Practice Advisory Committee for Psychology
- Founder and Chair of the New Hampshire Mental Health Coalition
- NHPA Ad-hoc Committee on Licensing Board Reform

Awards / Recognition for Achievements in the Field of Mental Health:

- NHPA President's Letter of Commendation for work as Chair of the Legislative Sub-Committee on Managed Care (1998)
- NHPA Member of the Year Award (1998-99): *"In grateful appreciation of your tireless dedication to professional psychology through your work within the organization and throughout the state."*
- Gubernatorial Citation presented by New Hampshire Governor Jeanne Shaheen: *"For your tireless efforts on behalf of the mentally ill in your capacity as Chair of the Mental Health Coalition."* (2002)
- Certificate of Appreciation from the New Hampshire Mental Health Coalition for 5 years of service as Chair of organization (2002)
- Recipient of the Margaret M. Riggs Award for Distinguished Contribution to the profession of psychology (2012)
- American Psychological Association Karl F. Heiser Presidential Award for Advocacy on Behalf of Professional Psychology (2013)

Publications

Ongoing Contributor - NHPA Newsletter (1997 to present)

- Author articles on actions of the NH Mental Health Coalition and NHPA's initiatives to protect mental health care through legislative, regulatory and community advocacy.

The National Psychologist - "Viewpoint" editorial section

- Authored article on "High-Risk Clients Need Special Handling," 2007